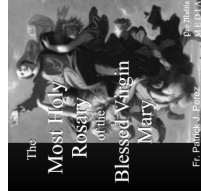


# Now! Three Powerful New Ways to Help you More Effectively Pray the Most Holy Rosary



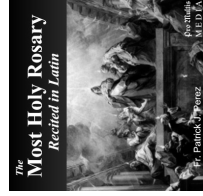
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## The Most Holy Rosary of the Blessed Virgin Mary

Given to St. Dominic in the 12th century by Our Lady herself, the Most Holy Rosary has been a treasured devotion of Catholics for centuries.

A deeply contemplative Christian prayer, the Rosary contains a summary of the Christian Faith in language and prayers inspired by the Holy Scriptures.

When praying the Rosary, Catholics recall the most important events in the lives of Our Lord and His Blessed Mother. These events, called “Mysteries,” are divided into three groups of five decades. Each decade consists of one “Our Father,” ten “Hail Marys,” and one “Glory be to the Father.”

## Prayers of the Most Holy Rosary

### The Sign of the Cross:

In the name of the Father, and of the Son, and of the

### Apostle's Creed:

I believe in God the Father almighty, Creator of heaven and earth. And in Jesus Christ, His only Son, our Lord; Who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried: He descended into hell, the third day He rose again from the dead, He ascended into heaven; sitteth at the right hand of God, the Father almighty, from thence He shall come to judge the living and the dead.

### I believe in the Holy Ghost, the Holy Catholic

*Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting.*

### The Our Father:

Our Father, who art in heaven, hallowed be Thy Name. Thy kingdom come. Thy Will be done on earth, as it is in heaven.

*Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.*

### The Hail Mary:

Hail, Mary, full of grace the Lord is with thee; blessed art thou amongst women, and blessed is the Fruit of thy womb, Jesus.

*Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.*

### The Glory Be:

Glory be to the Father, and to the Son, and to the Holy Ghost;

*As it was in the beginning is now, and ever shall be,*

### Fatima Decade Prayer:

*O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to heaven, especially those in most need of Thy mercy.*

### The Hail Holy Queen:

*Hail, Holy Queen, Mother of mercy! Hail, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, O most gracious Advocate, thine eyes of mercy towards us, and after this, our exile, show unto us the blessed Fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!*

**V.** Pray for us, O Holy Mother of God.

**R.** That we may be made worthy of the promises of Christ.

### Let us pray:

**O God, whose only-begotten Son, by His life, death and resurrection hath purchased for us the reward of eternal salvation; grant, we beseech Thee, that meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise. Through the same Christ our Lord. Amen.**

# How to Pray the Most Holy Rosary of the Blessed Virgin Mary

## How to Pray the Most Holy Rosary of the Blessed Virgin Mary

1. Make the "Sign of the Cross"
2. Begin on the Crucifix and say the "Apostles' Creed"
3. On the first bead say one "Our Father"
4. Say one "Hail Mary" on each of the next three beads
5. Say one "Glory Be"
6. Announce the first Mystery and say one "Our Father" on the large bead
7. Say ten "Hail Marys" on the ten smaller beads, followed by one "Glory Be"
8. Pray the "Fatima Prayer" requested by the Blessed Virgin at Fatima
9. Announce the second Mystery and continue in the same manner until each of the five Mysteries of the selected group is said
10. Conclude with the "Hail Holy Queen" and final prayer
11. Make the "Sign of the Cross"

## The Joyful Mysteries

### The Annunciation

In the first joyful mystery, let us contemplate the Annunciation of the Blessed Virgin Mary and ask for the virtue of humility.

### The Visitation

In the second joyful mystery, let us contemplate the Visitation of the Blessed Virgin Mary and ask for the virtue of fraternal charity.

### The Nativity

In the third joyful mystery, let us contemplate the Nativity of Our Lord Jesus Christ and ask for the spirit of poverty.

### The Presentation

In the fourth joyful mystery, let us contemplate the Presentation of Our Lord Jesus

### The Finding in the Temple

In the fifth joyful mystery, let us contemplate the Finding of Our Lord Jesus Christ and ask for the grace to find God in all things.

## The Sorrowful Mysteries

### The Agony in the Garden

In the first sorrowful mystery, let us contemplate the Agony of Our Lord Jesus Christ and ask for the grace of true contrition for our sins.

### The Scourging at the Pillar

In the second sorrowful mystery, let us contemplate the Scourging of Our Lord Jesus Christ and ask for mortification of the body.

### The Crowning with Thorns

In the third sorrowful mystery, let us contemplate the Crowning with Thorns and ask for mortification of pride.

### The Carrying of the Cross

In the fourth sorrowful mystery, let us contemplate the Carrying of the Cross and ask for patience in afflictions.

### The Crucifixion

In the fifth sorrowful mystery, let us contemplate the Crucifixion of Our Lord Jesus Christ and ask to give ourselves for the redemption of souls.

## The Glorious Mysteries

### The Resurrection

In the first glorious mystery, let us contemplate the Resurrection of Our Lord Jesus Christ from the dead and ask for the virtue of faith.

### The Ascension

In the second glorious mystery, let us contemplate the Ascension of Our Lord Jesus Christ into heaven and ask for the desire for heavenly things.

### The Descent of the Holy Ghost

In the third glorious mystery, let us contemplate the Descent of the Holy Ghost on the disciples and ask for zeal for souls.

### The Assumption

In the fourth glorious mystery, let us contemplate the Assumption of the Blessed Mary into heaven and ask for the grace of a happy death.

### The Coronation

In the fifth glorious mystery, let us contemplate the Coronation of Blessed Mary in heaven and ask for an increase in confidence in Mary, our Queen.